

August 2024

PROPERTY MANAGEMENT

(813) 223-5008, Suite 1890 All emails: first initial and last name @banyanstreet.com

Gina Karnes, Senior Property Manager Erica Delaney, Sr. Assistant Property Manager

Albert Estrada - Chief Building Engineer Robert Shim, Building Engineer Jaron Rigney, Building Engineer Pat Campbell Sr., Building Engineer Patrick Campbell Jr., Maintenance Technician

LEASING TEAM

(813) 223-6300, Suite 3300 Barry Oaks Mercedes Angell Marissa Angell



201 North Franklin Street • Tampa, FL 33602

Spotlight on Safety

Safety is the number one priority at Tampa City Center! With contractors onsite daily and deliveries to the building via the loading dock area, please refrain from walking through the parking area of the loading dock. There are sidewalks around Tampa City Center and the Ft. Brooke parking garage to gain entrance to the building through the ground floor lobby doors off Poe Plaza or those facing Jackson Street. Thank you in advance!

oneblood

Share your power.

BLOOD DRIVE

Tampa City Center will host a BLOOD DRIVE on Tuesday, August 13th, from 10:00 am - 3:00 pm. Please go to oneblood.org to schedule an appointment. Thank you for donating!



Thank you to all those who donated to the Metropolitan Ministries Backpacks of Hope Drive. Your generosity is greatly appreciated!



Cushman & Wakefiled 42 yrs US Legal Support 29 yrs



Yoga & Meditation is every Thursday, from 12:30 pm - 1:30 pm, in Suite 350 (location subject to change). Emergency Notifications



Sent to:
• Home Phone
• Cell Phone
• Email

Alert Tampa is the City of Tampa's Official Free Emergency Alert System

The Atlantic hurricane season lasts from June 1 to November 30. To receive emergency alert notifications, go to tampa.gov and sign up for Alert Tampa.

CORPORATE MASSAGE

On-Site Relief for Stress and Pain

CHAIR MASSAGE THERAPY

Chair Massage Therapy is back! Book your appt for Thursday, August 1st, from 11:00 am - 3:00 pm, in Suite 2100. Email stacey@corporatemassagetampa.com for more information.



Building Amenities

Bicycle Locker Room Chair Massage Therapy Concierge Services **Downtown Backyard Market** First Horizon Bank Florida Wellness Medical Group Franklin Street Cleaners Monthly Gift Basket Drawings Reina Shoe Repair Smile Design Dental Tampa Legal Copies **Tenant Appreciation Events Tenant Conference Center** Unlock Tampa Bay Gift Shop **YMCA**

Yoga & Meditation

Retail

OnARoll Sushi Santos Kitchen & Lounge Starbucks/Hilton Hotel The Blind Tiger Cafe **University Club**





JULY GIFT BASKET WINNER Congratulations to Gabriela Benitez with HNTB, Suite 1200.



Do you have a vendor scheduled to do work or provide a service in your suite? Please call the Property Management office at 223-5008 to ensure the appropriate COI is on file in advance of scheduled appointment with vendor.



BOLTS BREW FEST

The Bolts Brew Fest is on Friday. August 9th, from 6:00 pm - 10:00 pm at Amalie Arena.



TAMPA BAY COMIC CONVENTION

The Tampa Bay Comic Convention is August 23-25, at the Tampa Convention Center. Comic books, toys, cosplay, art...just a cornucopia of nerdy fun! As Florida's number one family-friendly and fan owned comic book convention, the Tampa Bay Comic Convention is the perfect place to let your inner-nerd run wild and free! For more information, please go to tampabaycomicconvention.com.



DOWNTOWN'S BACKYARD MARKET

Tampa's Downtown Market is Thursday, August 8th, from 2:30 pm -5:30 pm, on the Esplanade. Discover a hidden oasis of farm-fresh goodness, right in the heart of the Downtown Core. Downtown's Backyard Market is your go-to destination for a taste of the countryside, conveniently located in the hustle and bustle of the city. Taste the freshness, savor the quality, and celebrate the vibrant spirit of Tampa's local food culture.



OLD SHOES RECEIVE A NEW LIFE

Shoes tend to collect in closets over the years. No one wants to throw out shoes if they're still wearable, but sometimes we forget about old sandals, sneakers and dress shoes. Soles4Souls Inc. estimates that Americans have 1.5 billion pairs of unworn shoes lying around, and this charitable organization says they can use each and every one of them to aid disadvantaged people worldwide. Soles4Souls has a simple mission: To impact as many lives as possible with the gift of shoes. Learn how you can change the world, one pair at a time. by visiting www.soles4souls.org.



ROCK THE PARK

Rock the Park is Thursday, August 1st, from 6:30 pm - 9:30 pm, in Curtis Hixon Park. Rock the Park is a free monthly music series showcasing Central Florida's musical talents of all genres.

Featured Recipe

Grapefruit Avocado Bruschetta

Savor fresh flavors with this light and festive appetizer!

Ingredients:

- 1 baguette, sliced on the bias
- 2 to 3 whole garlic cloves, peeled and halved
- 1 cup chopped grapefruit sections
- 3 to 4 Roma tomatoes, seeded and chopped
- 1 large avocado, chopped
- 1/2 small red onion, chopped
- 1/4 cup chopped cilantro
- · 2 tablespoons olive oil
- · Salt and pepper, to taste
- Additional grapefruit segments (optional)
- Additional cilantro sprigs (optional)

Directions:

Preheat oven to 350° F.

Place baguette slices on a baking sheet and toast for 5 to 7 minutes, or until golden brown. Rub the toasted side of the bread with the cut side of the garlic cloves. Set toast aside.

In a medium bowl, combine chopped grapefruit, tomatoes, avocado, red onion, cilantro and olive oil. Add salt and pepper. Stir gently to combine.

Spoon grapefruit mixture over the toasted baguette slices. Garnish with fresh grapefruit segments and cilantro, if desired.

For more recipes, visit FloridaCitrus.org.



Wit & Wiz-dom

Celebrate 85 years of "The Wizard of Oz" by remembering the movie's most magical quotes:

"Toto, I've a feeling we're not in Kansas anymore." —Dorothy

"I'll get you, my pretty, and your little dog, too!" —The Wicked Witch of the West

"Some people without brains do an awful lot of talking, don't they?"

—The Scarecrow

"Lions and tigers and bears, oh my!"
—Dorothy, the Scarecrow
and the Tin Man

"I haven't any courage at all.

I even scare myself!"

—The Cowardly Lion

"I'm melting, melting!"
—The Wicked Witch of the West

"Pay no attention to that man behind the curtain!" —The Wizard of Oz

"Now I know I've got a heart, 'cause it's breaking."

—The Tin Man

"If I ever go looking for my heart's desire again, I won't look any further than my own backyard.

Because if it isn't there, I never really lost it to begin with!"

—Dorothy

"You've always had the power, my dear. You just had to learn it for yourself."
—Glinda

"There's no place like home!"
—Dorothy

August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
**AUGUST				Yoga 1 12:30 pm - 1:30 pm Suite 350 Chair Massage Therapy 11:00 am - 3:00 pm Suite 2100	2	3
4	5	6	7	Yoga 8 12:30 pm - 1:30 pm Suite 350 Downtown's Backyard Market 2:30 pm - 5:30 pm Esplanade	Bolts Brew Fest 6:00 pm - 9:00 pm Amalie Arena	10
11	12	13 Blood Drive 10:00 AM - 3:00 PM	14	Yoga 12:30 pm - 1:30 pm Suite 350	16	17
18	19	20	21	Yoga 12:30 pm - 1:30 pm Suite 350	23	24 Comic Convention Tampa Convention Center
Comic Convention Tampa Convention Center	26	27	28	Yoga 12:30 pm - 1:30 pm Suite 350	30	31

"This Month In History"

AUGUST

1907: UPS is founded as a messenger service by two teenagers in Seattle. It's now one of the world's largest package delivery companies.

1913: Stainless steel is invented by Harry Brearley of England.

1946: The first U.S. coin honoring an African American is authorized for minting. A commemorative half dollar was designed to pay tribute to educator Booker T. Washington.

1959: President Dwight D. Eisenhower signs an official proclamation admitting Hawaii as the 50th U.S. state.

1969: Half a million people gather at a farm in upstate New York for the Woodstock music festival. The landmark three-day event featured more than 30 artists and bands.

1990: MLB history is made when Ken Griffey Sr. and Ken Griffey Jr. become the first father and son to play on the same team, the Seattle Mariners.

2005: Hurricane Katrina forms in the Atlantic and makes landfall along the Gulf Coast, devastating the region.

2020: The music video of the hit song "Dynamite," by Korean boy band BTS, sets a record on YouTube as the first video with over 100 million views in its first 24 hours.

